

	Sunday 10 October	Monday 11 October (EESTI)	Tuesday 12 October (FRAME)	Wednesday 13 October (ENOROS)	Thursday 14 October (PRISM)	Friday 15 October (PROIMPRESA)
9:00 11:00		Welcome 9:00 – 10h00 Planning of trainings and creation of the curriculum	Culture as supporting element of the development of physical and mental wellbeing	Social and psychological aspects ensuring the learning environment. Inclusive and well-being learning and teaching method	Communication system among educational actors	Flexibility of the systems to enhance diversity
11:15 13:00		Quality assurance of adult trainings	Learning environment and its quality	Support of learning/teaching process and the self-development of adults.	Effective collaboration on workplace	Skills to improve the groups adaptability and flexibility
Lunch break from 13:00 to 13:30						
13:30 15:00	TPM from 15:00 (Project staff only)	Daily work organization in the AE-organisation providing course	Using science-based knowledge	Taking responsibility in learning process	Wellness approach to maintain sustainable and positive relations	Summary of the whole LTTA
15:15 16:30		Engagement in occupational learning	Communication	Career and self-fulfilment planning	City Walk (optional)	

*15 minutes coffee break during each session